

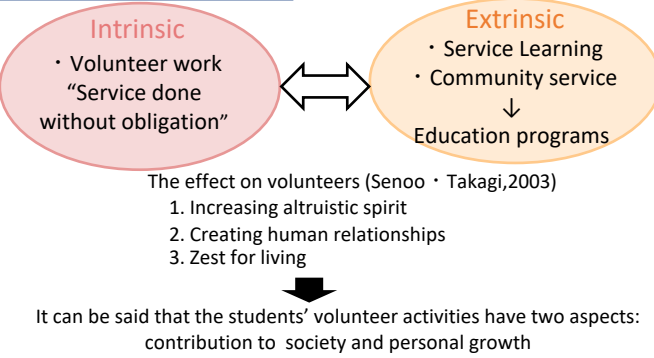
# What motivated high school students to engage in volunteer work? - With the aim of improving our society for the better-

Tokyo Metropolitan Oizumi High School

## Introduction

I strongly believe in the importance of doing volunteer work. People whom I met in India and Vietnam did volunteer work a lot, and it was part of their daily lives. I also joined some volunteer work and learned many things from my experiences of doing volunteer work. However, in my school life in Japan, I have never talked about volunteer work with my friends. Although the number of people who are doing volunteer work has been increasing in Japan since 1993, it can be said it is still lower than other countries. Thus I started to think "Is it okay to be in this situation?". That is why I chose volunteer work as the theme of the study with the goal of helping to increase the number of high school students who are doing volunteer work.

## Defining volunteer work



## The situation in Japan

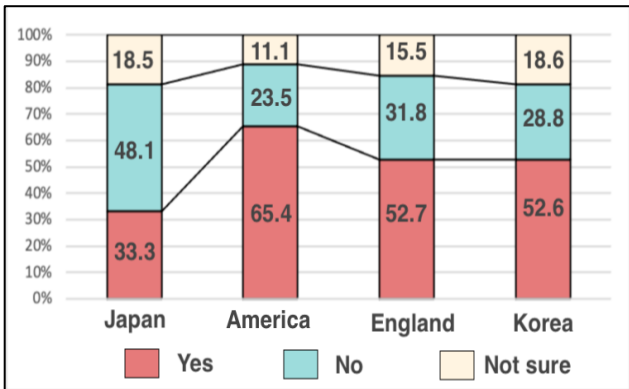


Fig1. "Are you interested in volunteering?"

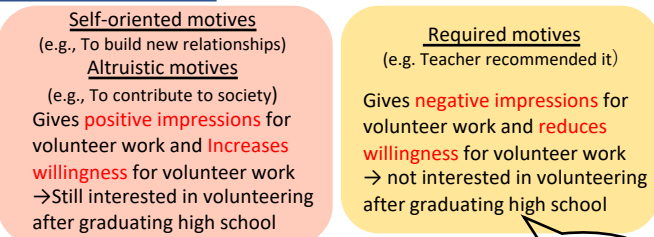
(International Survey of Youth\* Attitude 2018, Cabinet office, 2019.)

Japan: Interest in volunteer work: Yes 33.3% No 48.1%

Youth in Japan are not very interested in volunteer work. \*Ages:13-29

## Previous research

< Three types of motive (Yamamoto,2018) >



→ **Why is motivation created and how is the viewpoint of volunteer work formed?**  
→ **Find out the common points of high school students who are volunteering.**

## Method

I performed the survey in three high schools in Tokyo (a private girls' school, a private co-educational school, and a public co-educational school), with a total of 67 students from volunteer clubs responding. Two schools used google forms to answer the questionnaire the other used paper.

## Conclusion

Students who are actively doing volunteer work:

- From the viewpoint of volunteers, volunteering does not equal self-sacrifice
- They clearly understand the connection between what they want to get from volunteer work and what they can learn from it.  
→ It leads to them doing volunteer work with high motivation

**The factor which makes high school students engage in volunteer work enthusiastically and continuously is to recognize the effects on volunteers.**

The importance of understanding the effect on volunteers  
**Having a lot of opportunities to know what kind of advantages people can get through volunteer work can be effective to spread volunteer work.**

## Results

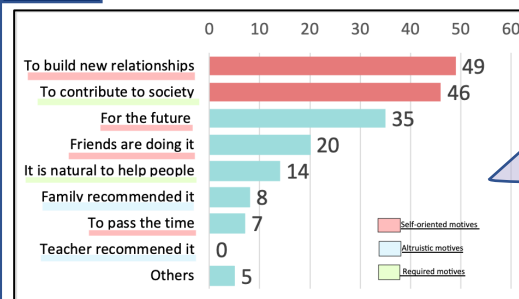


Fig2. "Why did you decide to do volunteer work?"

## Motivation and the effect on volunteers correspondence

- "To build new relationships" → "Built new relationships"
- "To contribute to society" → "Felt being able to contribute to society"

Major motives:  
· Altruistic motives  
· Self-oriented motives  
→ Show high motivation

Motive of the person who selected "Motivated a little"  
→ "Family recommended"

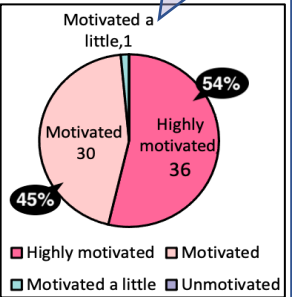


Fig3. Motivation for volunteer work

No one selected "Nothing was good"  
↓  
**Everyone gets some advantages from doing volunteer work.**

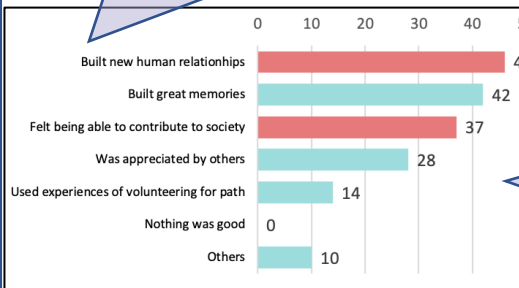


Fig4. "What was the good thing about doing volunteer work?"

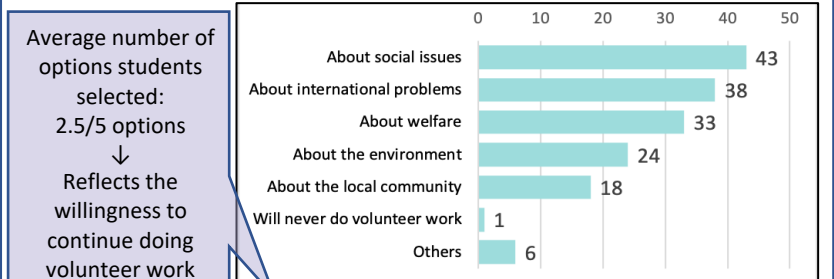


Fig5. "What kind of volunteer work do you want to do in the future?"

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## Gratitude

I deeply appreciate my teachers and teaching advisers who helped me a lot and the high school students who cooperated in answering my survey.