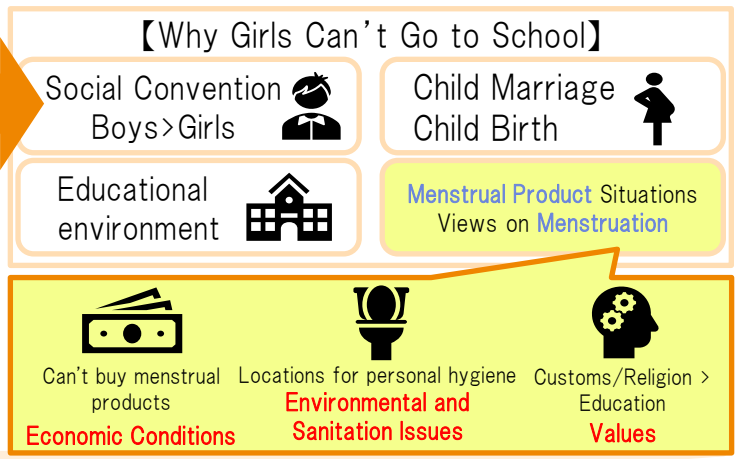
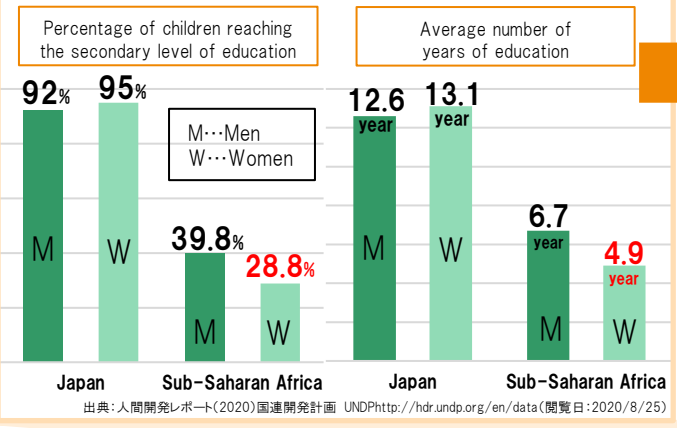


**Purpose**

- (1) Improve the problem of girls who cannot go to school due to menstruation through activities to promote cloth napkins.
- (2) Raise awareness of gender equality among people both developing region and in Japan.

**Background of the Problem**



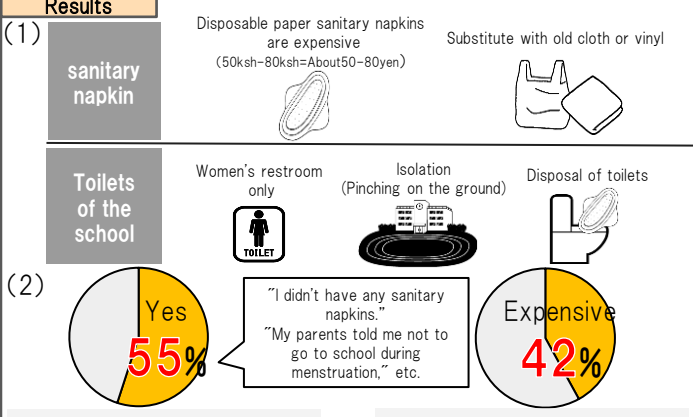
**Project conducted**

**~Cloth Napkin Project~  
 Spreading the use of cloth napkins to girls in developing regions**

**Survey**

【Survey in Kenya】(Fieldwork with the cooperation of a local NPO)  
 (1)Target: Kenyan female students (13-17 years old)...10  
 Local NPO staff...6  
 Survey method: Interview  
 Date: February 2020

(2)Target: women living in the slums of Nairobi(20-50 years old)...33  
 Survey method: Questionnaire  
 Date: March 2021

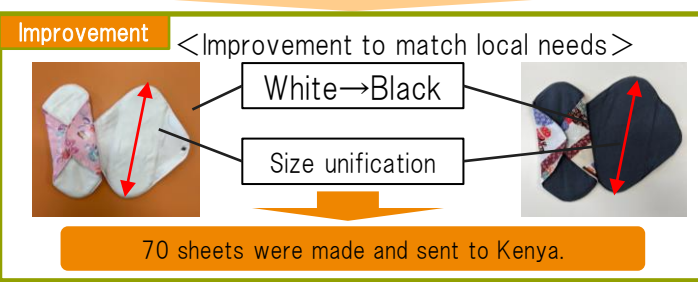


**Result**

It was found that some girls are unable to attend school due to menstruation, and that sanitary napkins are expensive.

**Hypothesis**

Based on the results of the survey, we thought that cloth sanitary napkins that can be made by oneself and used repeatedly would be effective, considering economic, environmental and hygiene issues.



**Promotional Activities- Event Implementation**

**【Cloth napkin making workshop】**

Target: 18 volunteers from 1st to 3rd grade students in the school (12 males and 6 females)  
 ※The number of students is limited to prevent corona virus.  
 Date: May 13, 2021, 15:40-17:00  
 Contents: Making cloth sanitary napkins, quiz on menstruation, current situation in developing regions

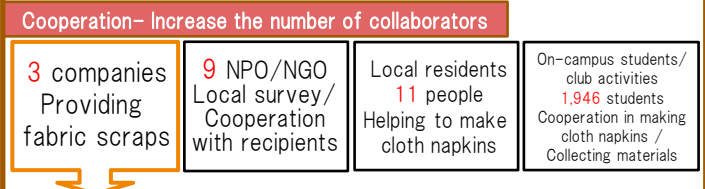
**【Results】**

- This led to an increase in gender awareness for many people.
- Willing to cooperate and participate in future activities...about **94%**.

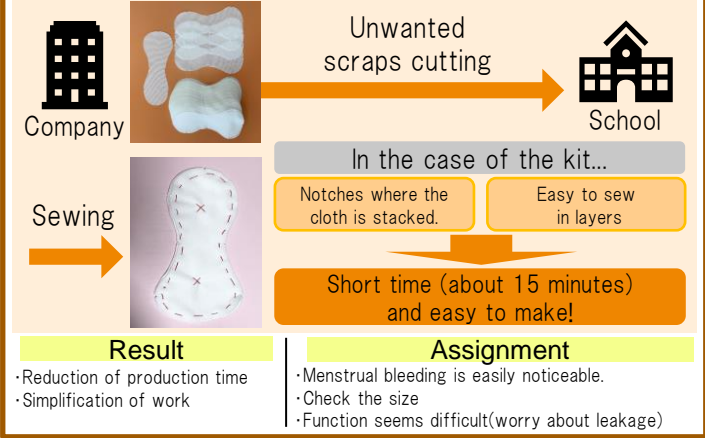
**【Assignment】**

- Those who finished making the cloth napkin within the time limit...**11%**.
- The making process was difficult./Coarse seams.

We want to **continuously** make good quality cloth napkins.



**Development of a simple cloth sanitary napkin making kit**



**Conclusion and future prospects**

In terms of raising awareness for gender equality, we can contribute to fostering awareness of the issue to some degree through the actions of the participants at the event. As for the promotion of cloth sanitary napkins, we were able to send one to Kenya. Therefore, we are currently looking for ways to conduct field surveys in Thailand and Uganda, which we are considering sending our products to, and to complete the prototypes, based on the issues we are facing. We believe that the realization of this project will contribute to the improvement of the difficult educational situation of girls in developing regions, and will foster awareness of the multiple SDG goals regardless of gender.