



SUSTAINABLE FOOD FOR US ALL

SGHN077 Ritsumeikan High School



INTRODUCTION

What is the most essential things for human beings to live?



Food is necessary to sustain life for every living thing and plays an important role in our daily lives.

It is associated with global issues such as food shortages, health hazards, and environmental problems.

Therefore, it is necessary for us to be more aware of the global issues related to food, and think about various solutions for these problems.

So, what must we do to bring awareness to this problem?



PROBLEMS

related to food...

Environment

- Food waste / Food loss
- Plastic waste
- Food mileage
- Water shortage

Industry / Economy

- Price inflation
- Declining food self sufficiency
- Food fraud

Poverty

- Hunger
- Malnutrition
- Stunting
- Lack of agricultural land

Health / Well-being

- Food Insecurity
- Diabetes
- Additives
- GM food



PROJECTS

FOOD+



- Sustainability in local area
→ **Sasutena Project**

- Environment
- Industry & Economy
- Poverty
- Health & Well-being
→ **Rits Super Global Forum**



SASUTENA PROJECT

Date: 2022.3.3–3.17

Goal: Designing a sustainable bento

Location: Kyoto

Focusing on: Local perspective

- **Learned recent sustainable practices.**
- **Ate vegetarian & vegan food.**
- **Found sustainable action in Kyoto.**
- **Designed a sustainable bento.**
- **Made group presentations.**

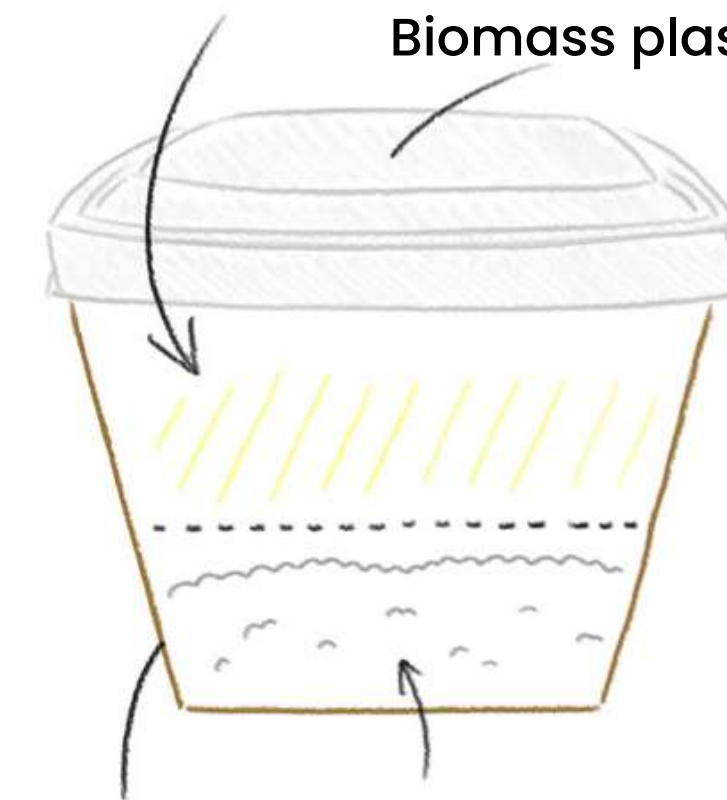


No food loss bento:

Choose main dishes and side dish

**Choose one of two main dishes
+ one of two deserts**

Biomass plastic lunch box



Paper

Choose rice, pasta, or salad



RITS SUPER GLOBAL FORUM



Date: November 8, 2022 - November 12, 2022

Main Theme: Sustainable food for us all

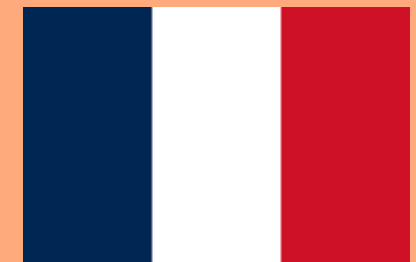
~How can we overcome the food problems related to environmental issues?~

New Challenge: Hybrid style discussion

→Used Zoom, Jamboard, YouTube Live

Participants: 193 (131 in person, 62 online)

Focused on: Global perspectives





PRE-MEETINGS

Poster Research

Participating schools

- researched each topic.
- put together a poster.
- posted them on Padlet. (See Figure 1 and 2.)



Figure 1. Example Group on Padlet

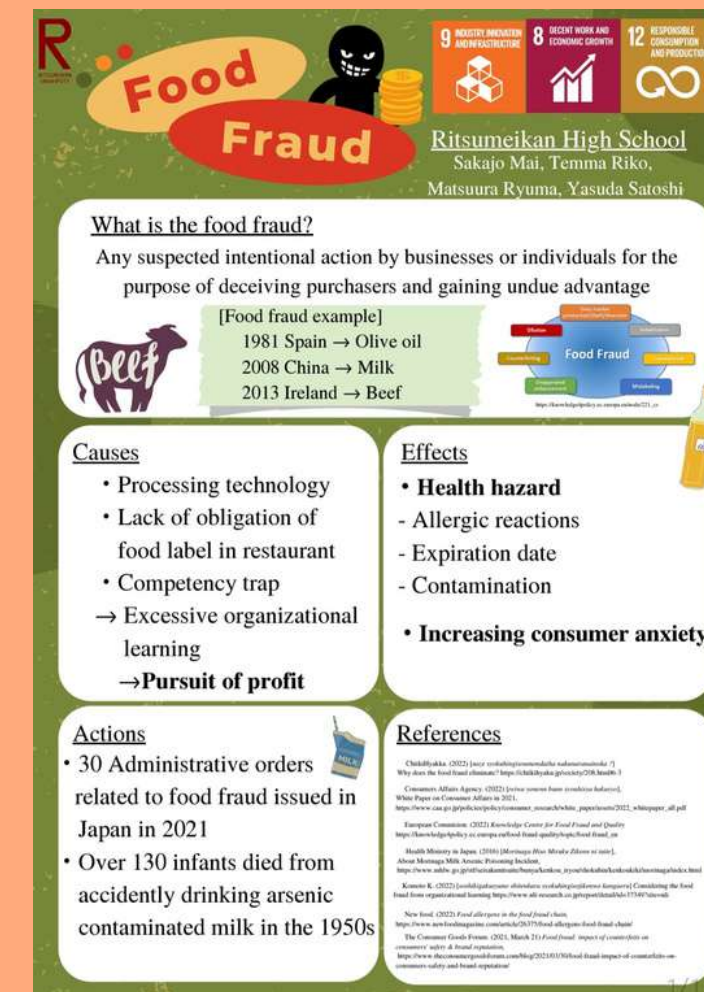


Figure 2. Example Padlet Poster

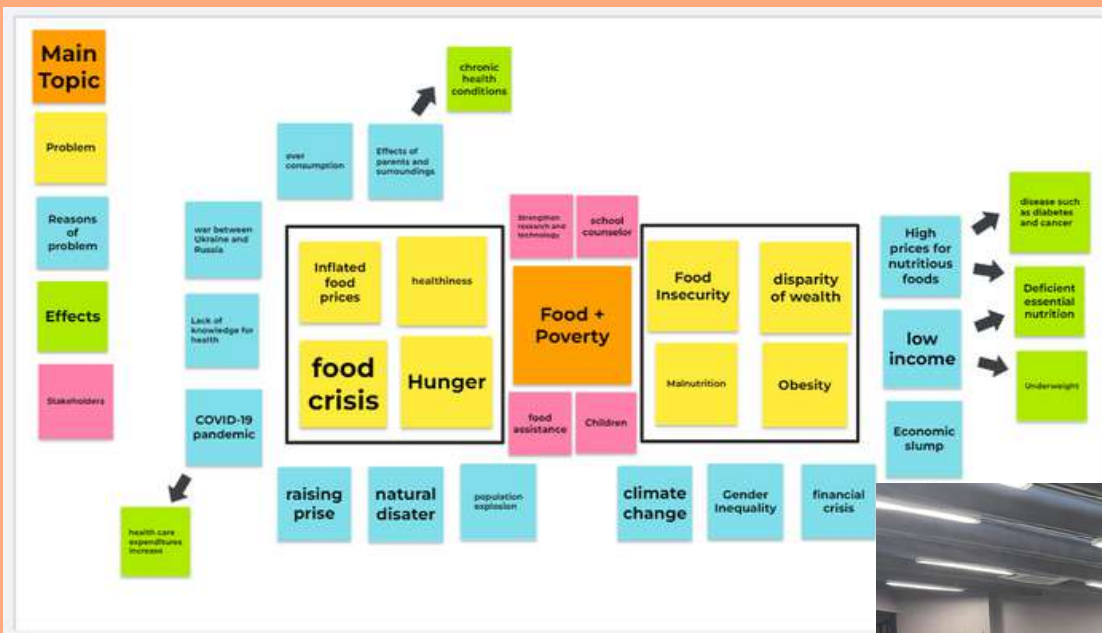


Figure 2. Jamboard Discussion



Figure 3. Pre-Session Meeting

Jamboard Discussion

Participants discussed the posters they created on Padlet in small discussion groups. Then, they further brainstormed the topics using Jamboard.



DISCUSSION & PRESENTATION



Small Group Discussions

All participants were divided into four topics and 20 groups.

- Shared information researched for posters during the Pre-Meeting Sessions.
- Decided on the problem and discussed possible solutions to create a realistic action plan.

Mini Plenary Discussions

Two groups worked on different topics that were combined.

- Developed a more inclusive action plan.
- Created a presentation.



Plenary Session

Six groups were selected by participants to make a final presentation about their action plan.

- Comments from three participating teachers
- Q & A from the audience in person and online.



FIELDWORK

Kyoto and Osaka

- **Divided into 5 courses.**
- **All had different food experiences.**



Team Kiyomizu



Team Arashiyama



Team Bamboo Forest



Team Food Museum

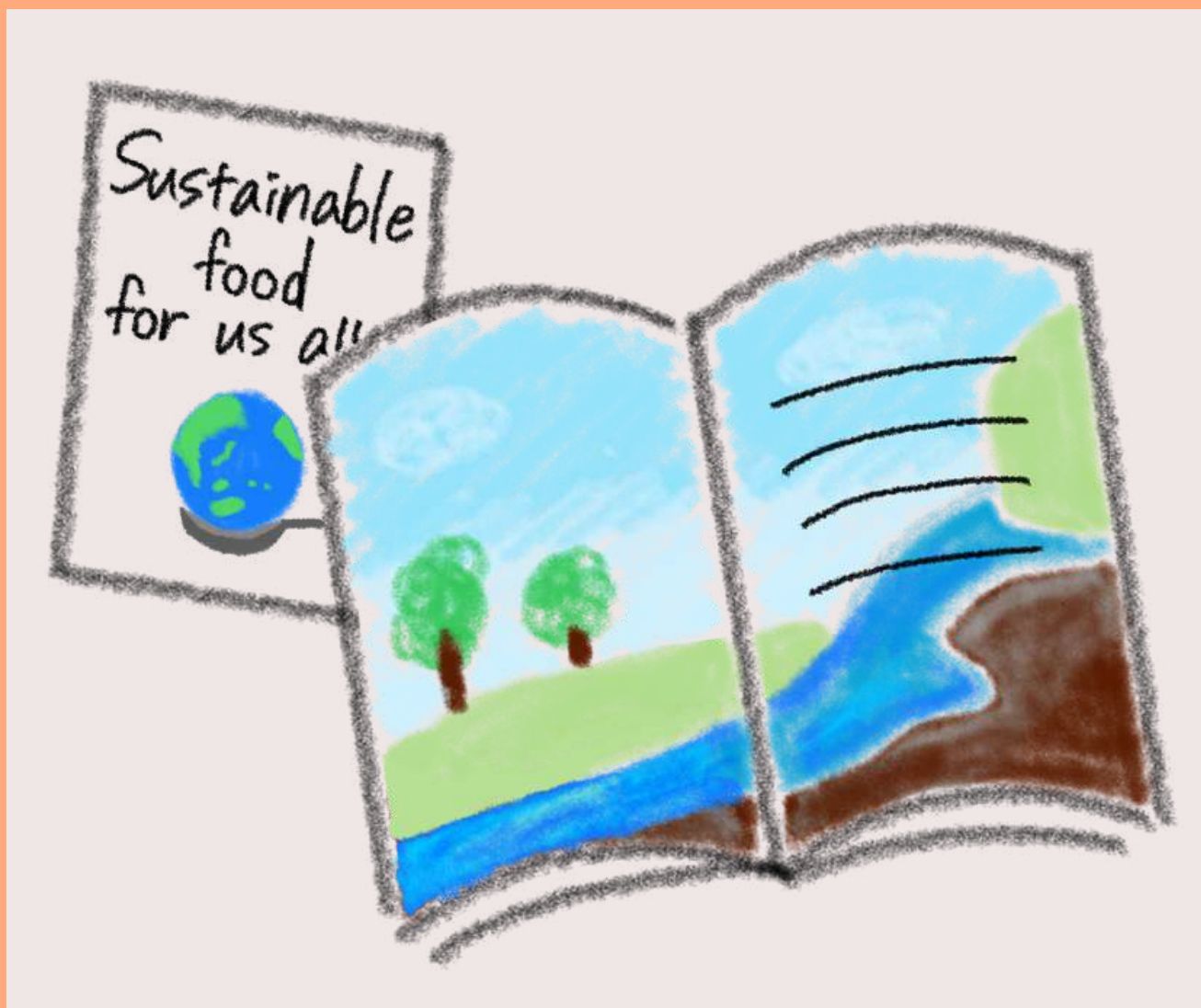


Team Cup Noodle



REUNION: PICTURE BOOK PROJECT

Writers: RSGF participants from different countries



Goal:

- ① Create a picture book with action plan ideas shared through the discussions at RSGF
- ② Put our feelings and thoughts into the picture book and convey them to future generations.

Present at: Reunion Meeting

Purpose: To record our action plans and spread



CONCLUSION

As a result of these experiences, we learned that food problems could affect anyone regardless of nation, wealth, gender, age, or status. We who have been thinking about food issues locally and globally need to communicate with different stakeholders, take action, and create solutions to make the future a more sustainable society for future generations.



Thank you for listening