How to Use Air-Conditioner Efficiently

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Posing a Problem



Thin line (black): average temperature deviation from the base value for each year
Thick line (blue): 5-year moving average of deviation
Straight line (red): long-term change trend.
The base value is the 30-year average for the period 1991-2020.

figure : Global average temperature anomalies **authority** : Japan Meteorological Agency, Various data and materials,2022 https://www.data.jma.go.jp/cpdinfo/temp/an_wld.html

Posing a Problem

World temperatures are getting hotter

<u>Economy</u> <u>development</u>

Demand for Air-Conditioners Grows Worldwide



Air-Conditioner penetration increases

Electricity Supply



figure : Global Power Supply Composition 2021 **<u>authority</u>** : Renewable Energy Foundation, Statistics, International Energy, 2020, https://www.renewableei.org/statistics/energy/?cat=electricity



To Stop the Negative Cycle



Want to keep cool in terms of heat stroke !



electricity conservation

coolness

Experiments in Japan

[Hypothesis]

1 The circulator should be facing outward



authority: Iris Plaza https://www.irisplaza.co.jp/med ia/A13904790995

2 The placebo effect may make you feel cooler

Experiments in Japan

[method]

We set the room temperature at 26°C or 28°C in five of our classrooms.

 Place a circulator near the window facing outward or inward.
 The room temperature was not told or was told as 26 or 28°C. (Only setting at 28°C)

A control experiment was conducted under these conditions, and the participants responded to a questionnaire.

Results and Discussion(1)



Outward : "hot" people decreased and "cold" people increased

 \rightarrow Cooler if the circulator is facing outward

Results and Discussion⁽²⁾



When told as 28°C, "hot" people increase and "comfortable" people decrease compered to 26°C \rightarrow When the told temperature is low, more people feel <u>comfortable</u>

The placebo effect may be observed.

Conclusion in Japan

1 Cooler if the circulator is facing outward

2 Placebo effect likely to make you feel cooler

Application to the World

① Circulate air
(1) Circulate air
(· internal air circulation(outside > inside)
· external air circulation(inside > outside)



internal air circulation

external air circulation

Application to the World

2 Placebo effect

Adopt and effective in any region

<u>③ Use dry function in humid area</u>

Low humidity → Low feeling temperature

<u>authority</u>: Panasonic, https://panasonic.jp/life/air/170014.html

Future Outlook

We don't yet know if its application to the world will be effective

 \rightarrow Conduct experiments in areas with different humidity, daylight and wind levels.



Create role models

Thank you for listening