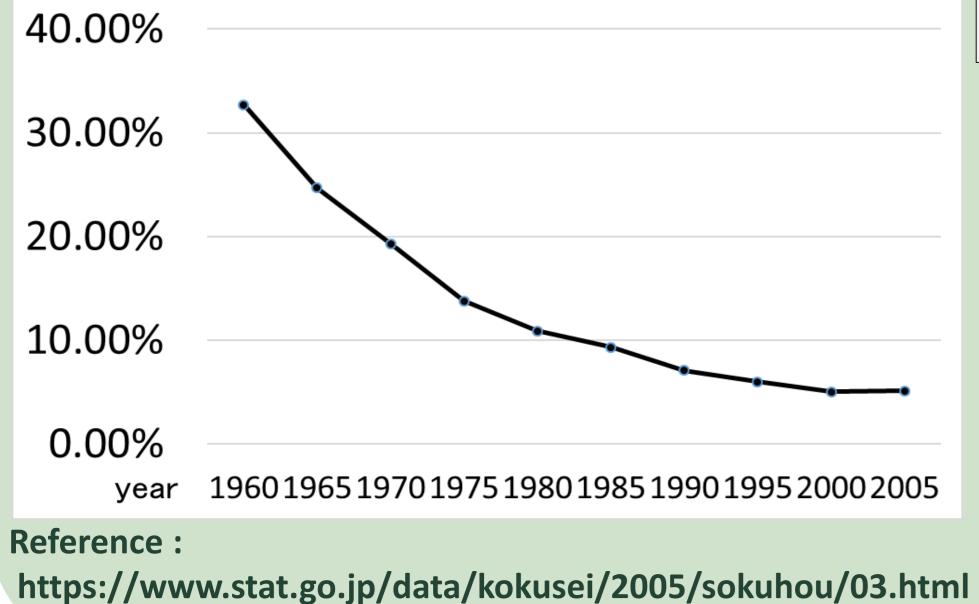
# Eat Locally, and Raise Food Self-sufficiency.

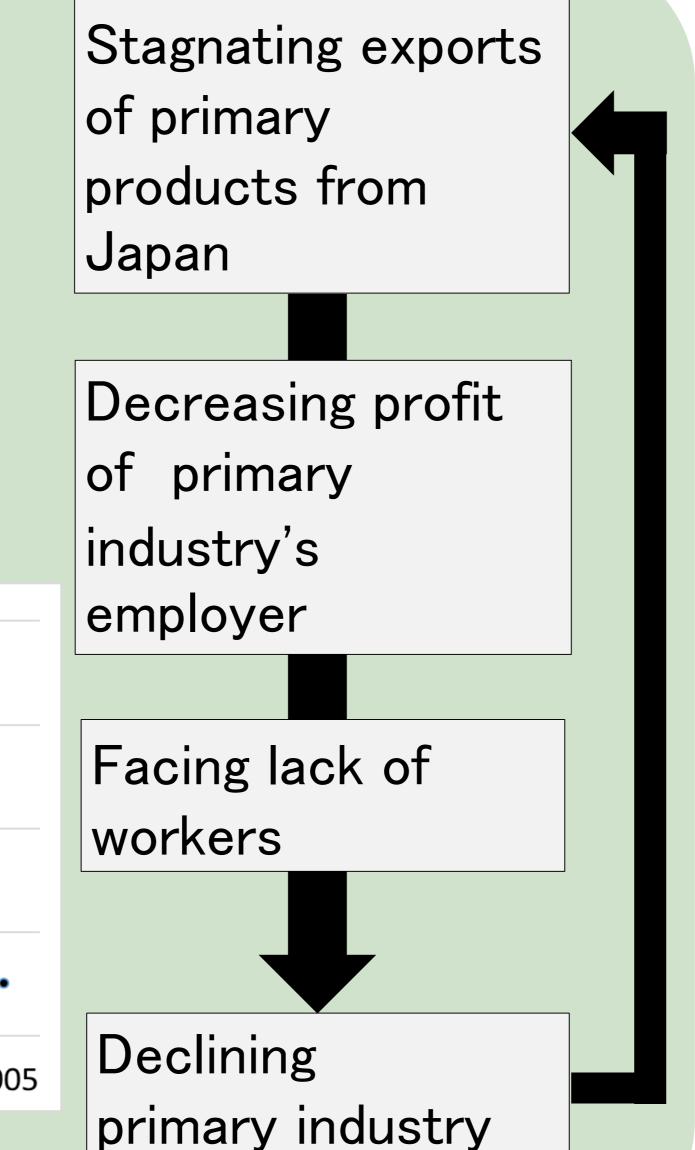
SGHN108 Ehime Prefectural Matsuyama Higashi High School

#### Problem presentation

The number of primary industry workers is decreasing, causing a decline in the food self-sufficiency rate.

Our eating habits are greatly influenced by the international situation.

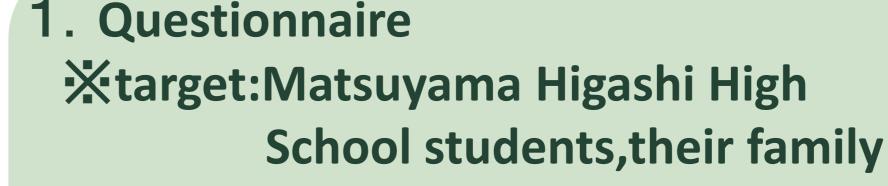




#### Research hypothesis

In order to improve food self-sufficiency, we need to raise consumers' awareness of local production and consumption.

### Research method

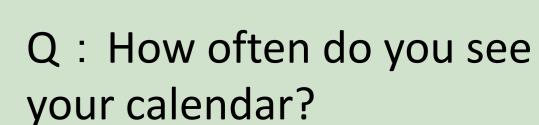


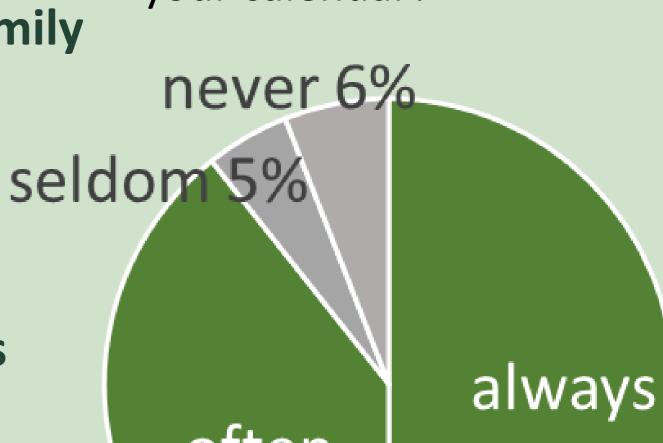
**X**target: ①Masakimura, which

2. Interviews

sells local ingredients in Masaki town 2 Ohisamaichi, which is a famous farmer's market in Matsuyama

city 3. Calendar production





often 50% 39%

#### Research result

#### 1. Results of questionnaire

There is a gap between awareness and action →Changing consumer awareness is important

Q:Do you want to increase your food self-sufficiency



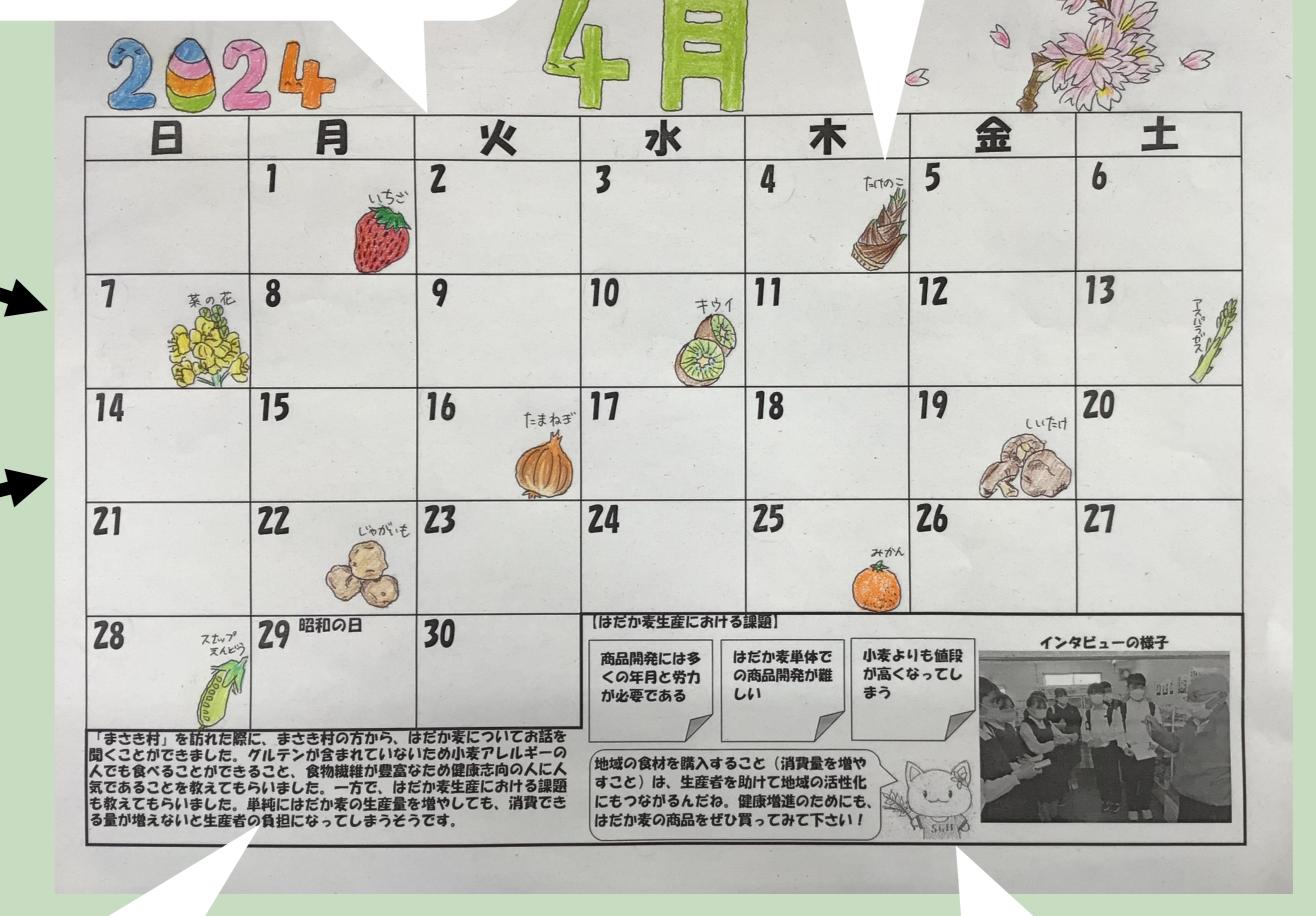
Q: Have you ever shopped thinking food selfsufficiency? many times 5% never 28% sometimes

25% at least once 42%

#### 3. Calendar production

From the survey, calendar is the best way to get information.

To make people aware of seasonal foods.



#### 2. Interviews

(1)Masakimura Simply increasing the food self-sufficiency rate will not solve the problem.

(2)Ohisamaichi We have been introducing the seasonal food.



Each month, we presented the issues we learned about from the interviews and our own research.

We created lovable characters to make them friendly.

## Achievements and challenges

## . achievements

We produced a calendar. The calendar will lead to the creation of a cycle like the one shown on the right.

#### 2. challenges

We have not distributed this calendar. We will hand the calendar, and see the reaction of consumers.

Knowing about local food production and consumption

Making more local food

Connecting the action and awareness

Becoming source of income in area

Buying food produced in the area