

Promoting Self-reliance among Refugees in Uganda through sports and music

Tokyo Metropolitan Oizumi High School , w201902-4

Definitions

“Refugees”

someone who “owing to well-founded fear of being persecuted for reasons of race, religion, nationality, membership of a particular social group or political opinion, is outside the country of [their] nationality and is unable or, owing to such fear, is unwilling to avail [themselves] of the protection of that country; or who, not having a nationality and being outside the country of [their] former habitual residence, is unable or, owing to such fear, is unwilling to return to it” (Refugee convention, 1951)

“Refugee camps”

Temporary facilities which are built to provide immediate protection and assistance to people who have been forced to flee their homes due to war, persecution or violence (UNHCR, 2021)

“Social inclusion”

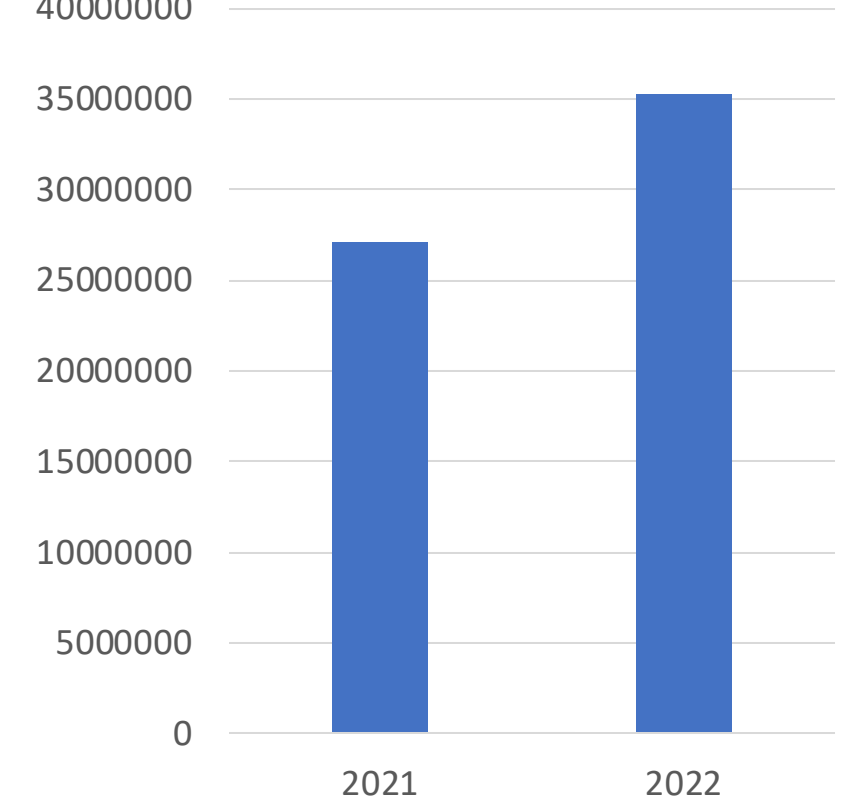
Aid which international aid organizations offer to refugees (Naito, 2014)

“Social exclusion”

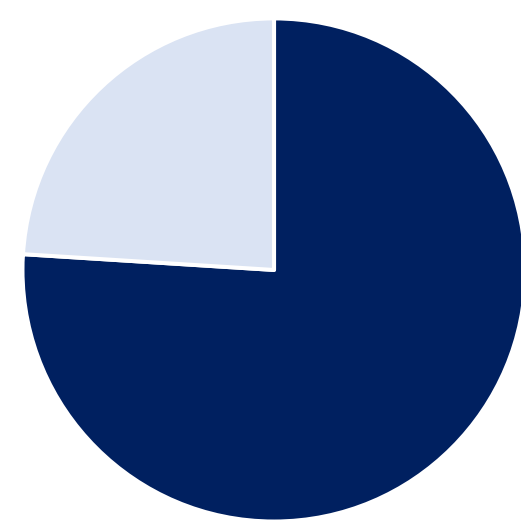
Situations where refugees are restricted in many aspects of daily life and eliminated from society in general (Naito, 2014)

Background and data

Number of Refugees



76% of host country is a low and a middle-income country



	Refugees in Jordan	Refugees in Uganda
Nationality	Syria (94.36%)	South Sudan (62.45%)
Trend	Rapidly increasing from 2012 (The Syria crisis)	Rapidly increasing from 2014
Place to live	Refugee camps	Refugee residential area

Social exclusion → Refugees act on their own will

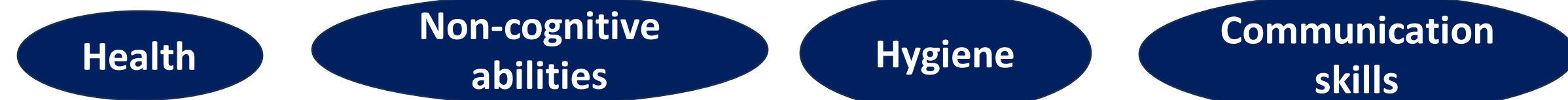
1. Previous research regarding “sports”

SDP (sport for development and peace) is active.

○ The U.N. Millennium Summit, in 2000

“Human development”

improving the quality of life



Practical example Mazare youth Sports Association

Target Young Kenyan suffering from poverty

Result Promoting to participate in society
Getting the ability to follow the rules

2. Previous research regarding “music”

Community Music Therapy

○ Norway, The UK, in the 1980s

Inclusive society with people with disabilities
or people isolated in the community

Features: building equal relationships



Purpose: leaving a good impact on society
respecting variety of cultures
promoting people's health

Practical example a refugee reception center in Berlin

Target refugees

Purpose ① improving situations where refugees feel isolated by conflict of culture
② reducing refugees' anxiety



Result This activity promoted building mutual trust

Methods

Research based on academic paper

Target

Refugees in Jordan	Refugees in Uganda
Who are under 18	Who are under 18
Who live in Zaatari refugee camp	Who live in refugee residential area
Whose nationality is Syria	Whose nationality is South Sudan

Researching aid in Zaatari refugee camp which use sports and music
→ Finding out the possibility to encourage refugees through sports and music

Results

1. Supporting refugees through sports (Zaatari refugee camp)

Category Tag rugby (Beginners can also enjoy playing it)

Participants Boys aged 14-16

Benefit More people got an education
Participants got a chance to enjoy equal sport
Participants could interact with the locals

• Usual sport



• New sport



2. Supporting refugees through music (Zaatari refugee camp)

Content Offering music education and material support

Target Students at school

Benefit Students got more materials to study
The study of music is connected to emotional education

• Issue in Zaatari refugee camp

Shortage of teachers and educational materials

3. Similarities between Zaatari refugee camp and Uganda

• Shortage of water

• Many refugees lost their jobs

• Students need more educational support

• Protracted Refugee Situations

4. Differences between Zaatari refugee camp and Uganda

The former : Refugee camp (the place where refugees are to live temporarily)

The latter : Refugee residence area (Refugees have more liberty)

Discussions and prospect

What refugees in Uganda are facing is;

Shortage of club activities and extracurricular activities which help students' mental health

The need for educational support

The need for building trust between refugees and host communities

→ Supporting refugees through sports and music will be effective

Prospect: To clarify the ethnic differences between people in Syria and South Sudan
To clarify what kind of supporting groups to focus on

References

- UNHCR (2022) 「数字で見る難民情勢」 (https://www.unhcr.org/jp/global_trends_2022/) (2023年11月18日閲覧)
- UNHCR (2021) 「数字で見る難民情勢」 (https://www.unhcr.org/jp/global_trends_2021/) (2023年11月18日閲覧)
- JICA (2020) 「世界の課題解決に貢献するスポーツ」 (https://www.jica.go.jp/resources/publication/mmd/202009/05/2020m1583au70.pdf) (2023年11月18日閲覧)
- 小林勲 (2016) 「国際開発とスポーツ援助—スポーツ援助の動向と課題」 (https://www.jstage.jst.go.jp/article/jiss/22/1/22_63/pdf) (2023年11月21日閲覧)
- 木村博子 「音楽が紡ぎ出す社会のハーモニー —コミュニティ音楽療法による地域支援の試み—」 (https://www.jstage.jst.go.jp/article/soes/42/0/42_5/_pdf-char/ja) (2023年11月5日閲覧)
- 加藤得也 (2021) 「難民キャンプにおけるスポーツを通じた教育援助の意義—シリア難民キャンプにおける参加型アクション・リサーチを用いた活動を事例として—」 (https://www.jstage.jst.go.jp/article/jids/30/1/30_91/_pdf-char/ja) (2023年8月26日閲覧)
- 教育芸術社 (2018) 「シリア難民キャンプの音楽教育 (bouquet No.3・4)」 (https://www.kyogei.co.jp/data_room/bouquet/no3_wr.html) (2023年11月5日閲覧)
- ウガンダ | 国連UNHCR協会 (japanforunhcr.org) (https://www.japanforunhcr.org/activity-areas/uganda) (2023年10月22日閲覧)
- PLAN International (2021) 「【おしえて！プラン】4地域の難民問題を解説—シリア・ベネズエラ・南スーダン・ロヒンギヤ—」 (https://www.plan.international.jp/special/oshiete/refugee-areas/) (2023年11月5日閲覧)
- 清水彩花 坂上勝基 澤村信英 内海成治 (2018) 「生徒の視点からみた難民開発援助と学校教育—ウガンダ北部の南スーダン難民居住地を事例として—」 (https://www.jstage.jst.go.jp/article/jids/27/2/27_105/_pdf) (2023年11月5日閲覧)
- UNHCR (2021) 「Refugee camps explained」 (https://www.unrefugees.org/news/refugee-camps-explained/#whatarefugeecamp?) (2023年12月11日閲覧)
- UNHCR 「WHO WE PROTECT Refugees」 (https://www.unhcr.org/about-unhcr/who-we-protect/refugees) (2023年12月11日閲覧)
- World Vision (2021) 「ヨルダンの難民受け入れ | 出身国や教の文化と歴史、日本の支援状況」 (https://www.worldvision.jp/children/crisis_24.html) (2023年12月11日閲覧)
- World Vision (2020) 「ウガンダはなぜ難民受け入れ大国なのか？内戦の歴史と難民政策を解説」 (https://www.worldvision.jp/children/crisis_20.html#d0e9d87eb78fa54e47cd213ca7606442) (2023年12月11日閲覧)
- 内藤直樹、山北輝裕 (2014) 「社会的包摂/排除の人類学 開発・難民・福祉」 昭和社。