

Preventing Bullying and Reducing Suicide through Psychology

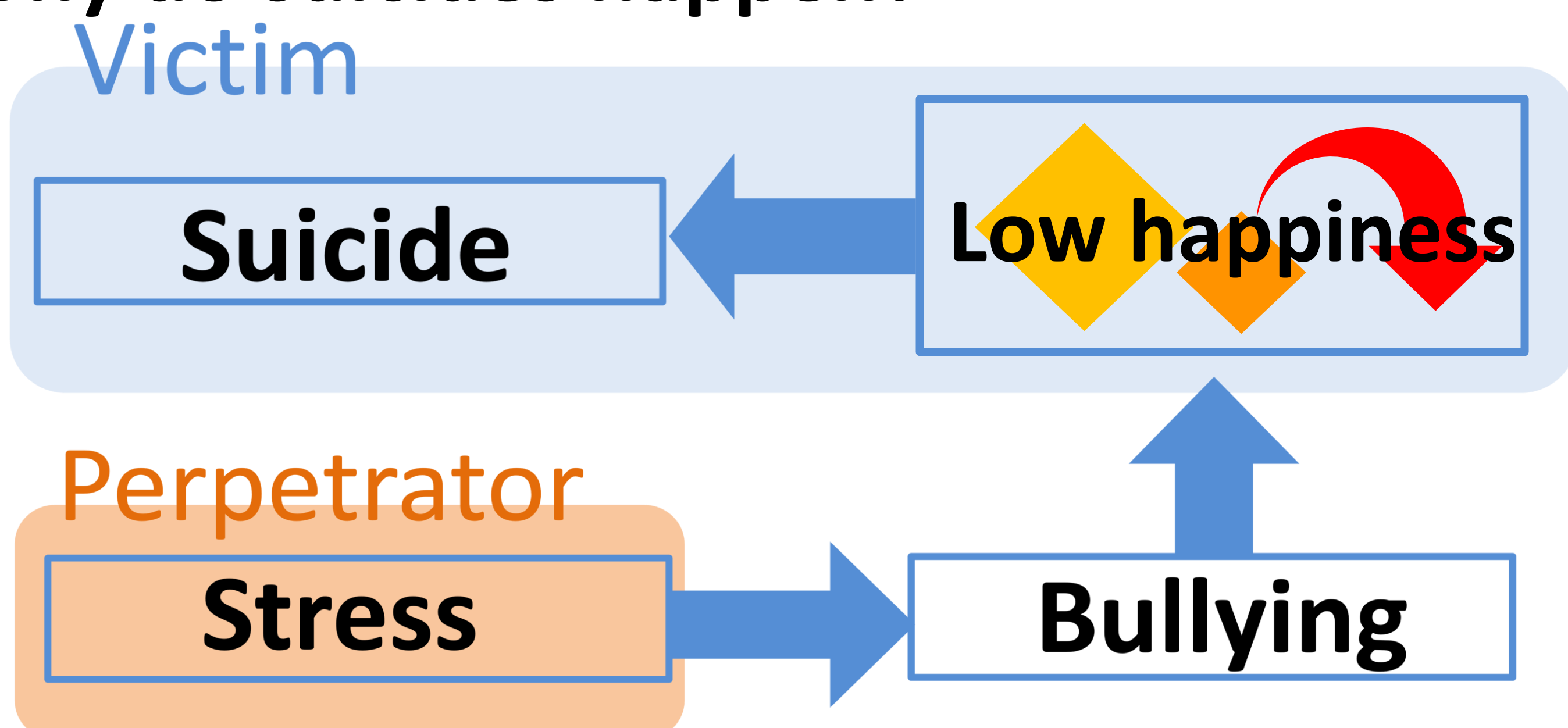
SGHN064 Kyoto Municipal Horikawa Senior High School

Background

- More than 720,000 people die by suicide each year.

- Suicide is the **3rd** leading cause of death among **15-29-year-olds**.

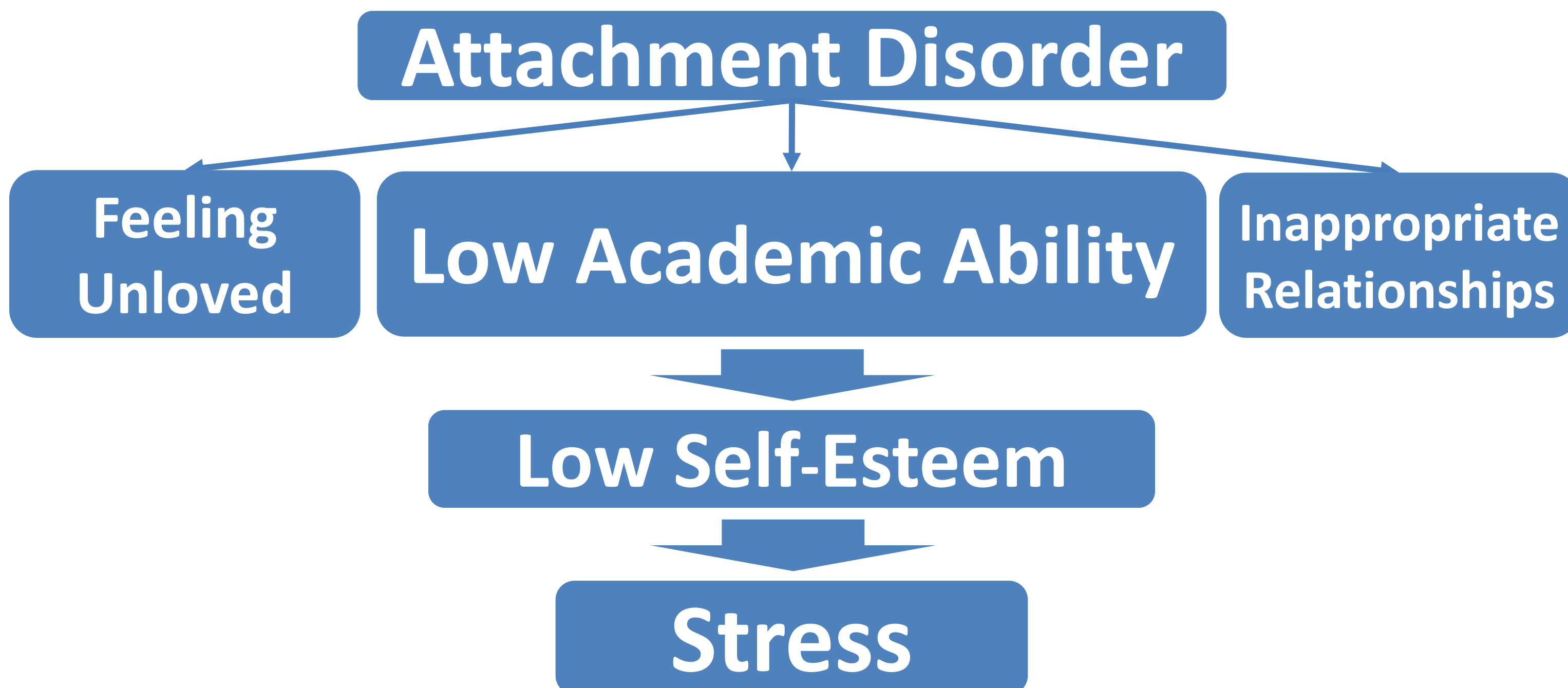
Why do suicides happen?



- To propose a method to **prevent bullying** by dealing with the **stress of the perpetrator** based on psychological theory

The Current Situation

People who have "**Attachment Disorder**" have stress.



Need to reduce Attachment Disorder and raise Self-Esteem

※Technical terms

<Attachment>

- The bond that is formed between the caregiver and the child
- The basis of our sense of security

<Attachment Disorder>

- A Mental disorder in which a stable attachment to caregivers is not formed
- Emotional and interpersonal problems that interfere with social adjustment can occur.

<Attachment Stabilization Approach>

- A method of stabilizing attachment by having someone close to the person become a temporary or semi-permanent safe base

School System

- A few teach the many
- Not suited to individual learning situations

- Unstable Attachment
- Low Self-Esteem

Solution Free School

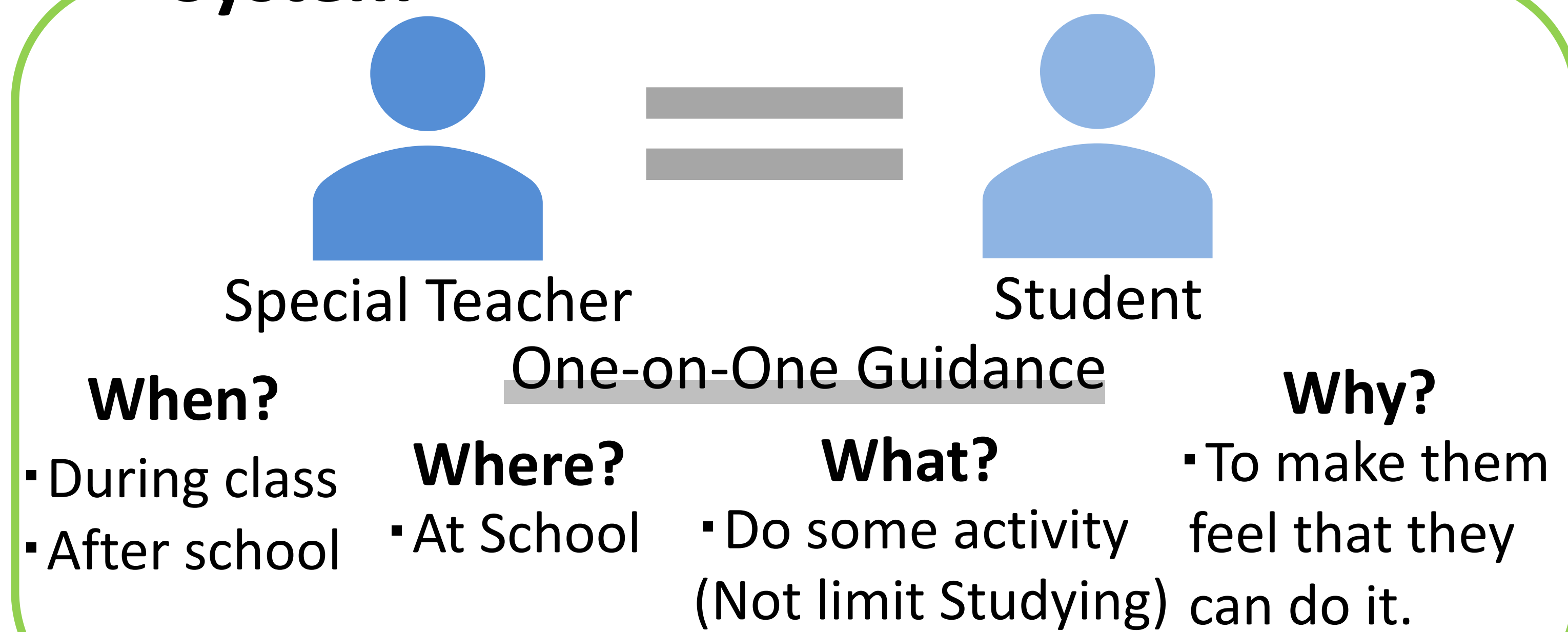
For children who have Attachment Disorder.

< Important Points >

- To make the child **feel loved**
= To form attachments with the child
- To have **High Self-Esteem**

< Attachment Stabilization Approach >

System



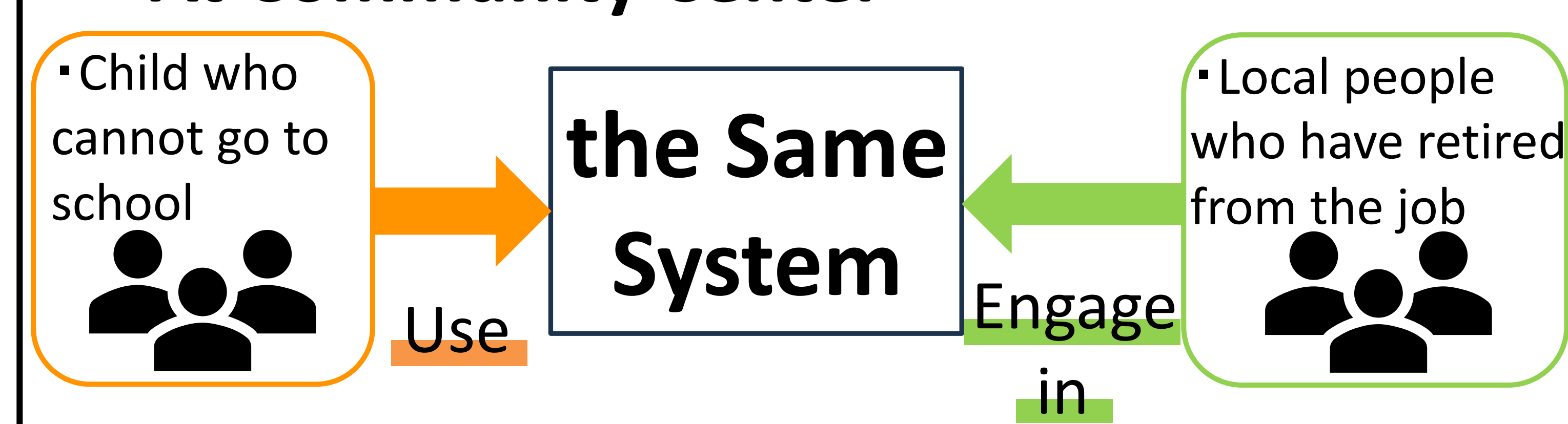
Effect



Perspective

For children who cannot even come to school.

At Community Center



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～子どもの愛着に関する研究の動向の課題から～.