



CrEAT Chance for KIDS



~The effect to young generation can be seen by "Shared Dining"~

Ritsumeikan Uji Senior High School

Vision

Shared Dining into the future
★ Cook Together, Eat Together ★



Create the Same
for Children

Appreciate
the Joy

Our message behind Shared Dining

Ate alone abroad \Rightarrow Felt lonely
Ate together \Rightarrow Found warmth & joy
Our mission \Rightarrow Share this with others

Let's create
this positive cycle
together.

Problem

High rate of Solo Dining
among teenagers



Root cause

Eating habits are formed
early in childhood



Solution

Teach elementary students the joy of Shared Dining
BEFORE they reach high school



Action we did ~collaboration with TSUMUGI, Kodomo-Shokudo~

i) cook & eat together

Purpose Sharing the joy: from Cooking to Dining together



menu planning

cooking together

sharing meals

ii) recreation

Purpose Gaining food knowledge through experience



treasure hunting



rewards for children

Discover & Challenge
Find quiz sheets and answer questions on food and culture

Learn & Understand
Review correct answers and deepen knowledge

Celebrate & Reward
Receive Christmas presents

Results



Joy & Connection

1. Children ate joyfully
Smiles filled the dining table.
2. Positive responses
"It was fun!" during cooking and eating

What we realized



Power of Shared Dining

1. Food opens hearts
Even strangers connect through meals
2. Meals break down barriers
Shared Dining brings people together

What was difficult



Reaching Every Child

1. Including all children
Kids have different interests and personalities
2. Getting the message across
Some ideas were difficult to explain simply

What is next



Pilot Project

1. New collaboration
Working with new partners
2. On our own
Testing our original at local cafés

Pilot to permanent



carrying it forward
beyond graduation



creating our own
Shared Dining spaces

References

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