

# Vegetable packaging suitable for self-service registers

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## Problem



Percentage of respondents who find self-service registers inconvenient or unsatisfactory

58.8%

Survey target: Living Web readers nationwide  
Survey period: May 8-14, 2025  
Number of votes: 1351

Some people have difficulties operating self-service registers.

## Hypothesis

Applying barcodes to vegetables may help solve this problem.

But



- Conventional stickers raise safety concerns.
- The benefits of unpackaged products—ability to check their condition—should be preserved.

## Solution1

### “Packing by bamboo leaves”



↑Taken at a supermarket in Vietnam



*In Vietnam,*

Some supermarkets use **banana leaves** to package vegetables.

Could be used in  
Japan as well

Wash  
bamboo  
leaves

Remove  
moisture

Wrap  
vegetables

Attach  
barcode



#### <Good point>

- High **antibacterial** properties
- Has **antioxidant** effects
- Bamboo trees =20% of Japan's forests



#### <Bad point>

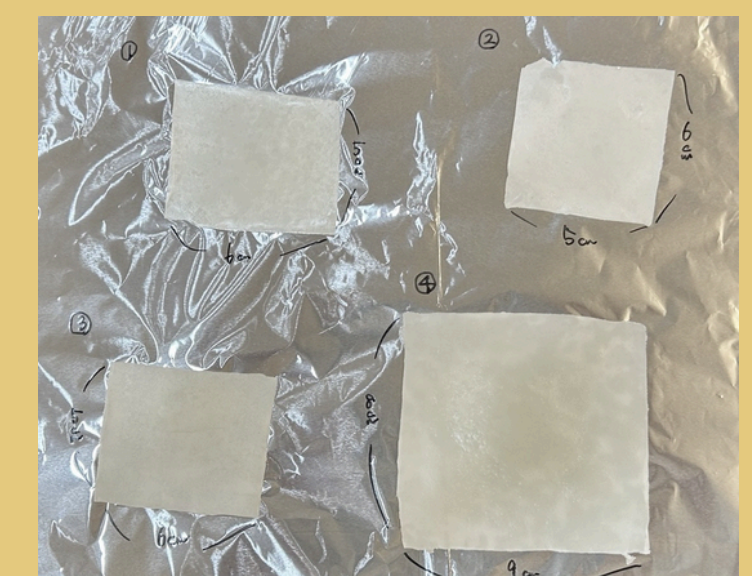
- Large leaves are difficult to obtain.
- Not suitable for irregularly shaped vegetables
- The contents may be **hidden** by the leaves.

## Solution2

### “Edible stickers”

#### Materials(10cm×10cm size)

- Water 10ml
- Potato starch 5ml
- Rice flour 5ml
- Mirin 10ml
- Edible ink (as needed)



#### Method

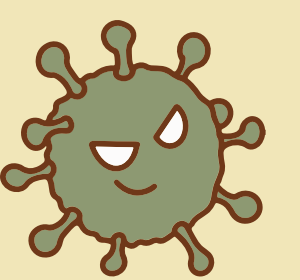
- 1.Mix the ingredients and pour thinly into a flat container.
- 2.Heat for 1.5-2.5minutes.
- 3.Let it cool and cut into barcode-sized pieces.
- 4.Print or stamp the barcode with edible ink.
- 5.Attach it to the vegetables.

#### <Good point>

- Flexible shape and size
- Suitable for **various vegetables**
- Made only from food-based ingredients, so it is **safe**
- **Does not hide** the contents

#### <Bad point>

- **Hardens** over time, resulting in **reduced adhesion**
- No antibacterial or antioxidant properties



## Considerations

- A key advantage of unpackaged products is that consumers can visually check and select items by hand.Solution 2, the edible-material sticker, maintains this advantage because it does not conceal the product.
- Solution 1, the bamboo leaf wrapping, offers strong antibacterial and antioxidant properties.However , continuous harvesting of bamboo leaves raises concerns regarding sustainability. Therefore, the edible-material sheet is considered to be more practical from the perspectives of usability and sustainability.

## Future work

- Several challenges must be addressed before the edible-material sheet can be practically applied.
- One major issue is that it hardens over time, resulting in reduced adhesiveness. This should be evaluated through experiments in which the sheet is attached to vegetables and observed over time.
- In addition, unlike bamboo leaves, the sheet lacks antibacterial and antioxidant properties, which limits its ability to maintain freshness.
- To address this issue, we aim to develop an edible-material sheet that incorporates bamboo leaves with antibacterial and antioxidant functions.

## Reference

国立研究開発法人 森林研究・整備機構 森林総合研究所 <https://www.ffpri.go.jp/snap/2020/10-sasa.html>

セルフレジは本当に便利? 全国6割の読者がNO! その理由に「わかる!」の嵐 [https://mrs.living.jp/tokyo/a\\_feature/article/6213215](https://mrs.living.jp/tokyo/a_feature/article/6213215)

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