

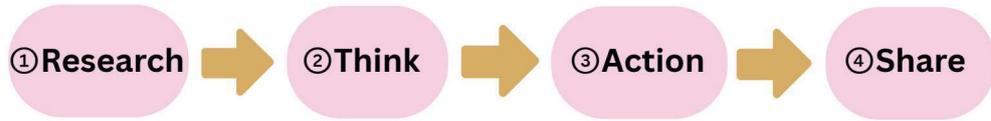


“Itadakimasu” to the Next Generation



~Reducing Food Waste, Growing Gratitude~

What is Service Learning?



↑ Selling sweets with people of disabilities



← Spreading awareness on LGBTQ+ issues

Background

Food Waste Issues

- 8-10% of greenhouse gas emission
- 783 million people suffering from hunger
- 150 million children with growth issues
- 1/3 of food produced becomes food waste = \$1 trillion/y (Food Waste Index Report 2024 / UN environment programme)
- SDGs Goal 12



Next generation facing the problems!!!

Food Education

1. Why food education?

- need to raise responsibility to eat food
- can raise awareness of importance of food education
- kindergartners have less bias and values towards food → easier to teach from the very root when younger

2. Problem now

No official guidelines clearly defines what to do in educational field

3. Feature of children

- can't focus for a long time
- short memory (interviewed)
- we suggest a clear approach of food education to kindergartners

Our Activity: Practical approach to food education

Objective: To propose a detailed and practical approach for teaching kindergartners the importance and appreciation for food.

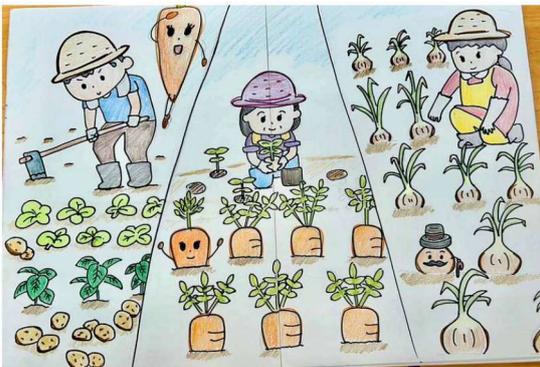
Target Audience: Kindergartners from Shibuya Kindergarden (ages 3-6)

Picture Story: How curry is made

- Developed an original picture story show to teach the value of food and appreciation for the people behind
 - **Highly effective for kindergartners:**
 - Suitable across various literacy levels
 - Better learning and memory through voice and image input
- ⇒ Positive reaction from kindergartners

Hands-on Activity

- Interactive game based on the picture story show: what ingredients were used to make curry?
- Effect: deepened understanding of the picture story and longer memory



Conclusion

- Created a new approach of food education for kindergartners :connection of picture story and hands-on activity for **deeper understandings** and **longer memory**
- Promoting food education from a younger childhood: nurture the importance of food and sustainability ⇒ **Raising awareness** for the future generation