

Learn about Motivation from Finland: The Power of Facilitation

Nagano Prefectural Matsumoto Agatagaoka Senior High School

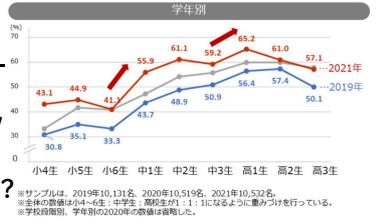
01 Background

When I was a junior high school student, I noticed that classmates were highly motivated during English lessons through sharing opinions with friends and receiving advice from teachers. I realized that lessons are similar to Finnish education which values dialectic and collaboration.



02 Hypothesis

If we apply Finland's dialectic and collaborative approach to education, it would help solve the problem proportion of low motivation toward learning among Japanese students(*1)?



(*1) Source: Joint Reserch Project by University of Tokyo Insitute of Social Science and the Bernese Educational Reserch and Development Insitute

03 Reserch Method

- ①Reviewed Top Study in Finland
- ②Observed 5 Finnish high schools and one primary school.
- ③Intervewd Finnish teachers and Japanese teachers.



04 Purpose

To explore how Finnish style teaching can be used in Japan to enhance students' learning motivation and create effective education.

05 Result

[1]Observation, Interviews and Primaly Reserch

- ①Primaly Reserch
 - 「National Core Curriculum for General Upper Secondary Education 2019」
 - 「Active, goal-oriented, and collaboration」 (現在もフィンランドにて有効)
 - ・ Collaborate with others and evolutional their own learning.
 - ・ Students are encouraged to reflect on their learning and achievements
 - ・ Teachers design lessons to make it easier for students to talk and reflect the learning themselves.

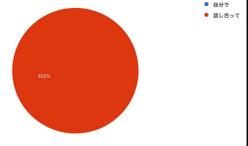


- ②Field observation and interviews
 - Martinlaakson lukio (Espoo) Finnish high school
 - ・ Students explain their thoughts to one another and engage in deep discussions.
 - ・ Teachers encourage students to listen actively.
 - ↳ Curiosity and interest = **motivation**

In Finland **clarifying the learning process** is very important ! ! !

[2]Workshop

- ①3 volunteers participated in a discussion activity.
 - I took part as a **facilitator** mainly guiding the conversations.
- ②Topics
 - ・ Pesonal values ↘ To understand and connect
 - ・ Future Expectations for the Student government
- ③Because working alone is not enough , students also completed worksheets to write down their thoughts crealy.
- ④Measured where students' learning motivation improved after discussions.
- ⑤**Discussion can increase motivation.**
 - ↑ All three participants increased motivation to participants in the students council through discussion.



06 Consideration • Future

In education, providing opportunities for self-expression through dialogue is extremely important. Through dialogue, students gain clarity on the meaning and process of learning, which heightens their curiosity and sense of belonging, leading to increased motivation.

Limitation: The number of participants was small, so the data is limited.

Future Plan: Futher studies will be conducted with a larger sample size.

07 References

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Tobitate! Study Abroad Initiative
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 Martinlaakson lukio (Espoo) Atppilan lukio (Helsinki) Vaskivuoren lukio (Vantaa) } High school
 Pahkinärinteen koulu (Vantaa) → Elementaly school